

# F.A.N.S.<sup>®</sup>

frozen all natural smoothies

## HANGAR ONE



HOMESTYLE FOOD ON THE FLY

### DAIQUIRI ISLAND \$3.60

pick one of the flavors below

#### berry simple

strawberry

#### peach berry banana sunrise

peach, strawberry, banana

#### wildberry ride

wildberry

#### strawberry mango tango

strawberry, mango

#### razzacolada

raspberry, pina colada

### FITNESS FREAK \$4.60

served with your choice of fruit flavor

#### meal replacer

a balanced meal replacement low in calories with all the daily vitamins you need

#### lean mean machine

low calorie shake with extra fiber

#### turbo boost

the ideal recovery shake high in protein

### COFFEE BREAK

caffe latte • mocha • caramel

*frozen or iced*

### SMOOTHIES \$4.20

made with non-fat frozen yogurt

#### wildberry whirl

wildberry, yogurt

#### mango mania

orange juice, mango, yogurt

#### strawberry banana blast

banana, strawberry, yogurt

#### life's a peach

peach, yogurt

#### tropical dream

raspberry, pina colada, yogurt

### ADD ONS

\$1.00

fat burner/protein (13g)

meal replacement (16g protein)

strawberry • pina colada • mango • banana • raspberry • wildberry • peach • non-fat yogurt • mix and match