



# POSITIVE STRIDES

**TUESDAYS 1000-1200 (WEATHER PERMITTING)  
LAUREL BAY FAMILY SERVICES CENTER PARKING LOT  
\*LOCATION SUBJECT TO CHANGE\***

**Take a walk with MCFTB every Tuesday. First-time participants get a Positive Strides t-shirt.  
Join us six times and receive a Positive Strides water bottle. Strollers and leashed pets welcome.**

**For more information, contact Lisa at 843-228-6793 or [lisa.m.traver@usmc-mccs.org](mailto:lisa.m.traver@usmc-mccs.org).**

PRESENTED BY  
**MCFTB**  
MARINE CORPS  
FAMILY TEAM BUILDING

