

## MILITARY DIRECTIVES

MARINE CORPS ORDERS 5300.17

## NAVY ORDERS

SECNAVINST 5300.28  
OPNAVINST 5350.4

Alcohol and drug abuse is often associated with distress, and often linked to a wide array of other problems that degrade mission effectiveness and personal quality of life. People undergoing stressful life events may turn to alcohol or drugs to help alleviate their distress and cope with problems. While the Marine Corps and Navy maintains a *zero tolerance* policy for drug use, leaders should make every reasonable effort to retain Marines/Sailors when problems with alcohol or drugs surface, and help them return to full productive and a healthy lifestyles.

### WHO IS YOUR COMMAND SACO/DAPA?

Your command SACO/DAPA is your first line of defense in educating yourself on the effects of drugs/alcohol.

## MISSION STATEMENT

Substance Abuse Counseling Center (SACC) exists to provide treatment to maximize force preservation and readiness through *prevention, deterrence, identification and early intervention*, of substance misuse, and substance use disorders.

## CONTACT

APPOINTMENT DESK  
843-228-1620  
MCRD Parris Island

843-228-6003  
MCAS Beaufort

CASE MANAGER  
843-228-4951

## SUBSTANCE ABUSE PROFESSIONALS

PROGRAM DIRECTOR  
Jose Lugo

CLINICAL SUPERVISOR

LICENSED & CERTIFIED COUNSELORS

CASE MANAGER

ALCOHOL PREVENTION SPECIALIST

DRUG DEMAND REDUCTION COORDINATOR

# SACC

## SUBSTANCE ABUSE COUNSELING CENTER

### BEHAVIORAL HEALTH BRANCH

MCRD PARRIS ISLAND  
BLDG 202 • BLVD DE FRANCE  
BEAUFORT, SC

MCAS BEAUFORT  
BLDG 807 • HOFFECKER ST  
BEAUFORT, SC

## SCREENINGS & ASSESSMENTS

An initial screening will be provided if there is a substance related diagnosis. Appropriate recommendations are made according to the outcome of the screening.

## OUTREACH EDUCATION

We offer outreach and education programs tailored to meet the needs of individual commands. The Prevention, Education and Diversion Program offer a Prime for Life 4.5 course which is a 4.5 hour class that includes the following strategies: increasing knowledge and raising awareness, implementing behavioral change, and reducing incidence of problem behavior by helping each participant in the program reduce risk for any type of alcohol or drug problem. It also focuses on self assessment to help people understand and accept the need to make changes to protect the things most valuable in their lives.

## PRIME FOR LIFE (PFL) 16

This is an early intervention program designed to assess one's priorities in order to keep what they value most. PFL provides tips to prevent future problems with substances and helps an individual set goals for making a positive change.

## OUTPATIENT TREATMENT (OP)

OP is offered to individuals who have been diagnosed with a Substance Abuse Disorder. Treatment is individualized and lasts approximately 2-4 weeks with a minimum of 9 hours of therapy and education.

## INTENSIVE OUTPATIENT TREATMENT (IOP)

IOP is offered to individuals who need a higher level of care. Treatment usually lasts 3-6 weeks and ranges from 9-19 hours of therapy and education each week. Treatment is tailored to meet the unique needs of the client.



## RED FLAGS OF SUBSTANCE ABUSE

Failure to Fulfill Obligations

Loss of Control

Continued Use Despite Negative Consequences

Compulsive Use

Strong Desire to Use Substances

## RESIDENTIAL TREATMENT

For individuals deemed by the clinical staff to require residential treatment, coordination of an appropriate treatment facility and bed dates are obtained.

## SELF REFERRAL

A referral from command or a medical clinic is not necessary. Anyone who feels they may have a problem with alcohol or drugs is encouraged to call or WALK-IN for an appointment.

## AWARENESS PREVENTION PROGRAM

Alcohol Abuse Prevention Specialist  
843-228-7972

Drug Demand Reduction Coordinator  
843-228-7210

## ALCOHOLICS ANONYMOUS

843-322-5903  
888-534-0192