

RETRAINING YOUR HABITS

7 HABITS ONE HABIT AT A TIME

MCAS MCFTB OFFICE 1500-1630

3 April: Habit 2 Begin with the End in Mind

10 April: Habit 3 Put First Things First

17 April: Habit 4 Thinking Win Win

24 April: Habit 5 Seek first to Understand
then to be Understood

1 May: Habit 6 Synergize

8 May: Habit 7 Sharpen the Saw

Do you need a tune up after your last 7 Habits of Highly Effective People course? Join us in revisiting the habits to make permanent changes in your behavior and relationships one habit at a time.

For more information, contact Latashia Smalls at 843-228-7495 or latashia.n.smalls@usmc-mccs.org.

To register go to
onehabitonetime.eventbrite.com