



MCCS South Carolina provides a wide variety of programs and services to support all Marines, Sailors and their families. Visit [mccs-sc.com](http://mccs-sc.com) for the most up to date information and to learn more about all programs available at MCAS Beaufort, SC and MCRD Parris Island, SC.



[WWW.MCCS-SC.COM](http://WWW.MCCS-SC.COM)



Military OneSource is your connection to information, answers and support when MilLife happens. We can help you overcome challenges, reach your goals and thrive.



[MILITARYONESOURCE.MIL](http://MILITARYONESOURCE.MIL)



(800)-342-9647



The Military Crisis Line, text-messaging service, and online chat provide free VA support for all Service members, including members of the National Guard and Reserve, and all Veterans, even if they are not registered with VA or enrolled in VA health care.



[VETERANSCRISISLINE.NET](http://VETERANSCRISISLINE.NET)



DIAL  
(1-800)273-8255  
AND THEN PRESS 1



## PROGRAM ABBREVIATION KEY

CCP - Community Counseling Program

CDC - Child Development Center

EFMP - Exceptional Family Member

FAP - Family Advocacy

FMEAP - Family Member Employment Assistance Program

FOCUS - Families Over Coming Under Stress

I & R - Information, Referral and Relocation

M & FP - Marine & Family Programs

MFLC - Military Family Life Counselor

MOS - Military OneSource

NPSP - New Parent Support Program

PFMP - Personal Financial Management Program

SAP - Substance Abuse Program

SARC - Sexual Assault Response Coordinator

SLS - School Liaison

URC - Uniformed Readiness Coordinator

VAH - Victim Advocacy Helpline



# WHERE SHOULD I GO FOR HELP?

A QUICK-ACCESS GUIDE FOR HELPFUL RESOURCES AVAILABLE ON YOUR INSTALLATION



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**COMMONLY ACCESSED:**

-  VOLUNTARY EDUCATION: (843) 228-2086
-  SCHOOL AGE CARE: (843) 228-1669
-  LIBRARY: (843) 228-1672
-  [WWW.MCCS-SC.COM](http://WWW.MCCS-SC.COM)



MCRD Parris Island, SC/Eastern Recruiting Region ▼

\* SEE REVERSE SIDE FOR ABBREVIATION KEY

| PHONE NUMBER                  | (843) 228-2044 | (843) 228-3514 | (843) 228-3533 | (843) 228-7752 | (843) 228-6126 | (843) 228-3377 | (843) 228-6618 | (843) 228-2371 | (843) 228-7352 | (843) 605-3508 | (800) 273-8255       | (800) 342-9647 | (843) 228-1318     | (843) 228-6565 | (843) 228-2218 | (800) 733-2767 | (843) 228-6003 | (843) 228-3744 | (843) 228-6128 | (843) 592-0646  | (843) 228-3599 |
|-------------------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------------|----------------|--------------------|----------------|----------------|----------------|----------------|----------------|----------------|-----------------|----------------|
| PRIMARY CONCERN               | CCP            | CDC            | CHAPLAIN       | EFMP           | FAP            | FMEAP          | FOCUS          | I & R          | M&FP           | MFLC           | MILITARY CRISIS LINE | MOS            | NAVY HEALTH CLINIC | NPSP           | PFMP           | RED CROSS      | SAP            | SARC           | SLS            | VICTIM HELPLINE | VAH            |
| ABUSE / NEGLECT               |                |                | ✓              |                | ✓              |                |                | ✓              | ✓              |                |                      |                |                    |                |                |                |                |                |                | ✓               |                |
| ALCOHOL / DRUGS               |                |                | ✓              |                |                |                |                | ✓              | ✓              |                |                      |                |                    |                |                |                | ✓              |                |                |                 |                |
| ANGER ISSUES                  | ✓              |                | ✓              |                | ✓              |                |                | ✓              | ✓              | ✓              |                      | ✓              | ✓                  |                |                |                |                |                |                |                 |                |
| ANXIETY / PANIC               | ✓              |                | ✓              |                |                |                |                | ✓              | ✓              | ✓              |                      | ✓              | ✓                  |                |                |                |                |                |                |                 |                |
| DEPLOYMENT / RELOCATION       |                |                | ✓              |                | ✓              | ✓              |                | ✓              | ✓              |                |                      | ✓              |                    |                |                |                |                |                |                |                 |                |
| DISASTER RECOVERY             |                |                |                |                |                |                |                | ✓              | ✓              |                |                      | ✓              |                    |                |                | ✓              |                |                |                |                 |                |
| FINANCES                      |                |                |                |                |                |                |                | ✓              | ✓              |                |                      | ✓              |                    |                | ✓              |                |                |                |                |                 |                |
| GRIEF / DEATH                 | ✓              |                | ✓              |                |                |                |                | ✓              | ✓              | ✓              |                      | ✓              |                    |                |                |                |                |                |                |                 |                |
| MARRIAGE & FAMILY             | ✓              |                | ✓              |                | ✓              | ✓              | ✓              | ✓              | ✓              |                |                      | ✓              |                    |                | ✓              |                |                |                |                |                 |                |
| NUTRITION / FITNESS           |                |                |                |                |                |                |                | ✓              | ✓              |                |                      | ✓              |                    |                |                |                |                |                |                |                 |                |
| PARENTING                     | ✓              |                | ✓              |                | ✓              |                |                | ✓              | ✓              | ✓              |                      | ✓              |                    | ✓              |                |                |                |                |                |                 |                |
| RELATIONSHIPS                 | ✓              |                | ✓              |                | ✓              |                |                | ✓              | ✓              | ✓              |                      | ✓              |                    |                |                |                |                |                |                |                 |                |
| SADNESS / DEPRESSION          | ✓              |                | ✓              |                | ✓              |                |                | ✓              | ✓              | ✓              |                      | ✓              | ✓                  |                |                |                |                |                |                |                 |                |
| SEXUAL ASSAULT                |                |                |                |                |                |                |                |                |                |                |                      |                |                    |                |                |                |                | ✓              |                |                 | ✓              |
| SEXUAL HARASSMENT             |                |                |                |                |                |                |                |                |                |                |                      |                |                    |                |                |                |                | ✓              |                |                 |                |
| SPECIAL NEEDS                 |                |                |                | ✓              |                |                |                | ✓              | ✓              |                |                      | ✓              |                    |                |                |                |                |                |                |                 |                |
| SUICIDAL / HOMICIDAL THOUGHTS | ✓              |                | ✓              |                | ✓              |                |                | ✓              | ✓              | ✓              | ✓                    | ✓              | ✓                  |                |                |                |                |                |                |                 |                |
| WORK / SCHOOL                 | ✓              | ✓              |                |                |                | ✓              |                | ✓              | ✓              |                |                      |                |                    |                |                |                |                |                | ✓              |                 |                |